

Tips for your Ski trip from your Gatwick Airport parking supplier, Help-me-park.com

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So, you've organised your kit and you're all set for heading to the airport, but before you do, take 5 minutes to read some useful tips on how to make the most of your skiing or snowboarding trip, courtesy of Help-me-park.com, Gatwick Airport's finest Meet and Greet airport parking supplier. Join in the Help-me-park slalom and beat the competition!

Our useful ski holiday tips...

baggage

Probably one of the most important things to consider when booking flights or a holiday is to check out how much baggage weight allowance is included by your airline. **Help-me-park.com tip:** Remember that you might think that scheduled airlines like British Airways are more expensive on the ticket price, but by the time you've added in the expensive excess baggage for your ski wear with many other airlines (particularly the low cost airlines), they can often work out far more expensive.

ski / lift passes

Get the best value for money by considering how often you're going to go out on the pistes, and buy accordingly. **Help-me-park.com tip:** If you're going to go everyday, then a week's pass is value for money, but if you plan to have a day off, or go later in the day, it might work out cheaper to grab a daily pass when in the resort. Daily passes are also good in case you lose your week pass. It may sound like too much hassle but those saved Euros or Dollars can pay for extra après-ski drinks!

weather

Check out the resort weather reports before you travel. You'll be able to find all sorts of tips and information on the recent snowfall in your resort which will allow you to plan your time away from the slopes better.

Help-me-park.com tip: Check out The Ski Club of Great Britain for detailed snow reports in all resorts worldwide. Oh, and don't forget to regularly apply sun block to your face to avoid the "panda-eye" effect. It may be cold, but the UV rays are still very strong!

pre-order your equipment

Taking your own kit can sometimes be a pain. **Help-me-park.com tip:** if you're not taking your own gear, save time in resort by pre-ordering your equipment and lift pass before you leave, leaving you more time to get settled and out on the piste. Wear lots of thin layers rather than fewer thick layers, as it will easily allow you to take some layers off if you get too hot.

plan your route

Get a map of the pistes in your resort and plan some of your ski routes. **Help-me-park.com tip:** A great way to make the most of your time is to plan a route that allows you to ski straight back to your chalet, thus avoiding the hassle and crowds on the busses back to your chalet. Make sure you pick a run that matches your ability. Most resorts use colours to classify the difficulty of a run and you can get a copy of a colour coded piste map from your resort. Don't attempt that black run until you're very confident!

safety

It's important to plan for every eventuality as the slopes and mother nature can often throw a spanner in your plans. **Help-me-park.com tip:** if you intend to ski alone, make sure you tell a friend roughly where you're going and when they should expect you back. Make sure your mobile phone is fully charged and add the numbers of the emergency services in your phone (police & mountain rescue) for the country you're in, in case of emergencies. A list of useful numbers can be found on the Help-me-park website – **click here for more information**. Carry a map of the piste with you at all times – it might help you to get your bearings if you lose your way. Take a high energy snack bar and a bottle of water with you in case you need to stay out longer than was originally planned.

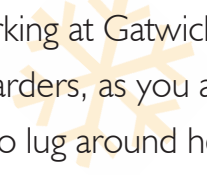
insurance is a must

Make sure you buy a comprehensive policy to cover all eventualities, better to pay more money for the right insurance than to be worrying about a medical bill on your return to the UK! **Help-me-park.com tip:** Always have a copy of your passport, flight tickets and other documentation, including your insurance policy. Leave a copy at home with a friend or family member, in case they need to act on your behalf, and take a copy with you and store separately from the originals. This will help speed up renewing documents, should documentation be lost or stolen. Check the inclusions and exclusions of your insurance policy before you go so you know if you're covered for lost lift passes, ski passes and key medical cover like air ambulance.

medical kit

Make those cuts and scrapes easier to deal with by taking a medical kit with you. **Help-me-park.com tip:** Include painkillers, plasters, antiseptic wipes, bandages and scissors, arnica cream for bruising and aloe gel for friction burns and sunburn. Just a word of warning though - pack the kit in your main baggage when travelling as you cannot take more than 100ml of fluids or sharps through security at Gatwick Airport.

And finally, why not get your holiday off to a flying start by upgrading yourself to the Meet and Greet parking service at Gatwick airport with Help-me-park.com. Why bother with the hassle of driving yourself to Gatwick Airport long term parking, or lugging all those awkward bags, boards and skis onto the bus, when you don't need to. Drive straight to the terminal and let the Help-me-park team do the chauffeuring for you! After a few days on the mountains, you'll be exhausted so just think how glad you'll feel that the car is returned to you at the terminal and all you need to do is get into your warm car and drive home. Help-me-park.com offer secure, convenient Meet and Greet parking at both Gatwick North and South Terminals, 24/7, 365 days.



Meet and Greet parking at Gatwick airport is the most convenient type of parking available to Skiers and Snowboarders, as you are met directly outside the Gatwick Airport terminal, which prevents the need to lug around heavy sports equipment. For more information or to book, visit the [Help-me-park.com](https://www.help-me-park.com) website or call 0870 300 600 9.

Nicole Miller, Marketing Manager of [Help-me-park](https://www.help-me-park.com), is an experienced traveller who has worked in the Travel Industry for over 10 years, many of them working for airlines. [Help-me-park.com](https://www.help-me-park.com) offer convenient [Meet and Greet valet style parking at London Gatwick airport](https://www.help-me-park.com). For more information visit the [Help-me-park.com](https://www.help-me-park.com) website or call 0870 300 600 9.